

Rocklea Sports Locker Room

How to get your athletes to achieve greater success

The Queensland Government, through Sport, Recreation and Racing is proud to present the Sports Locker Room forum that will provide you with an opportunity to exchange ideas and share the knowledge and experiences of high profile coaches, officials and industry professionals. Session includes:

The benefits of nutrition in sport

Leanne Hammond: Sports dietician and exercise physiologist, works with the Australian Rugby Union high performance unit and the Queensland Academy of Sport.

Strength, conditioning and recovery sessions

Steve Nance: Sports performance consultant, worked with Brisbane Broncos, the Wallabies, North Queensland Cowboys, Fulham Soccer Club and Australian and American Universities

Keeping Kids participation in sport positive

Brett Dowker: Head Coach for SLSA's High Performance Program, Multiple Australian Champion Lifesaver Gold Medallist and successful Club Coach, Managing Director of 'Super Surf Camps' and Xtreme Coaching & Training Academy.

Sports Psychologist

Wendy swift Sports Psychologist for Australian Womens Softball Team, QAS Teams

Life after Sport

Glenn Lazarus: Australian and New South Wales representative, Premiership winning player with Canberra Raiders, Brisbane Broncos and Melbourne Storm

Parent and spectator behaviour

Brian Kerle: Locker Room coordinator, Olympic basketball player and coach.

Join us to help make Rocklea more active

Tuesday 5 June 2007

6pm- 9pm. Light refreshments will be served at 5.45pm.

Rocklea International Hotel, 1326 Ipswich Rd, Rocklea

Contact the Department of Local Government, Planning, Sport and Recreation on (07) 3239 0770 or email rsvp@srq.qld.gov.au before Friday 1 June 2007 to register your place.

There is no charge to attend the Sports Locker Rooms

Call 1300 656 191

Click on www.sportrec.qld.gov.au and get active!

