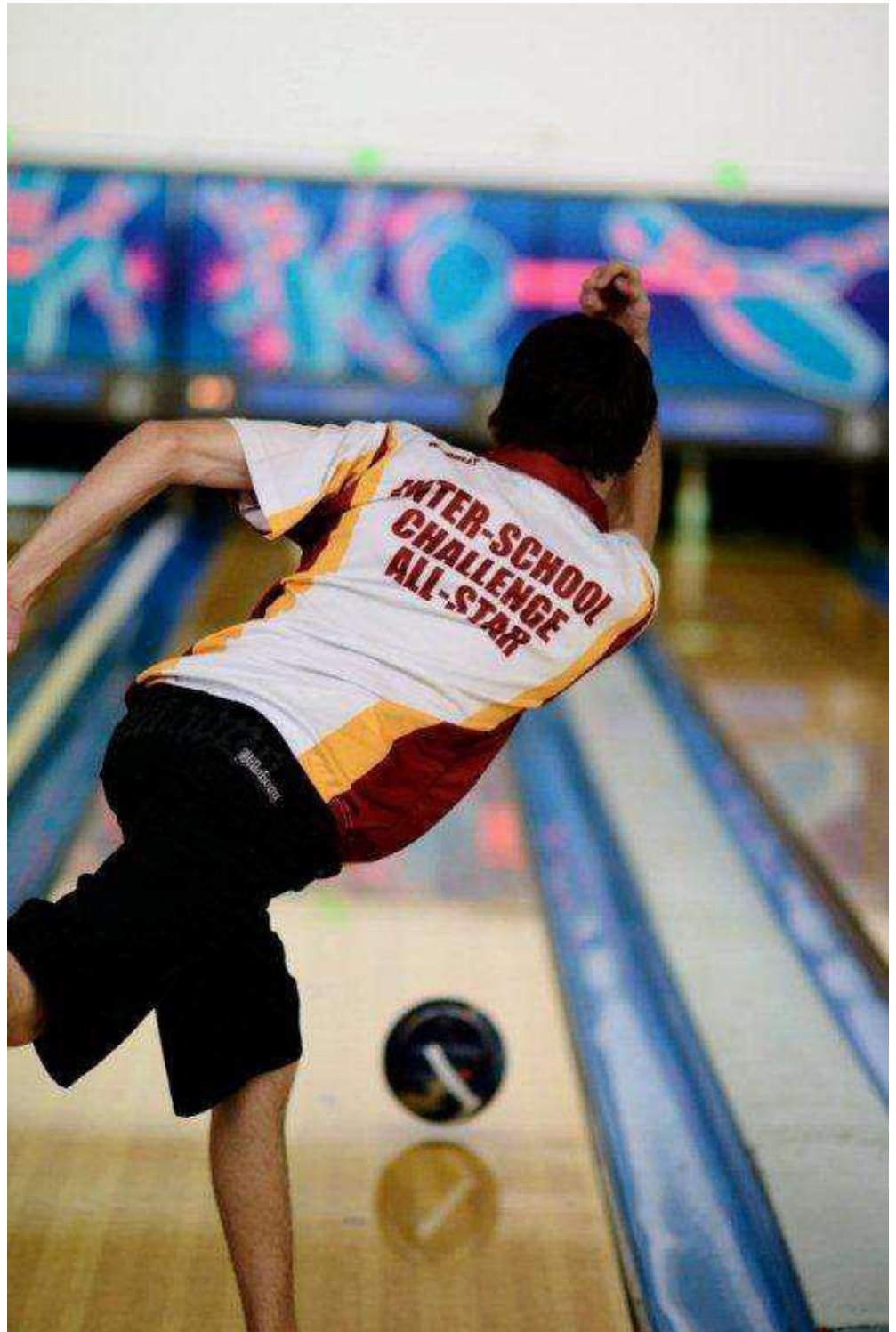


2012

TBAQ JUNIOR SPORT POLICY





JUNIOR SPORT PARTICIPATION POLICY

Why This Policy

The Tenpin Bowling Association of Queensland Inc. (TBAQ) is the State Body for the sport and is focused on developing the sport among juniors aged from 5 – 18 years of age.

The primary functions of TBAQ within this policy are

1. Promoting opportunities to participate in the sport of Tenpin
2. Facilitate equal opportunities for all Queensland children
3. Encourage children to benefit through being physically active
4. Contribute to the social, and mental well being of all Queensland children
5. Promote the values of positive behaviour and fair play
6. Promote a coordinated effort to provide sport services to children

The effort to enhance the focus of junior participation in tenpin bowling will enable the following to be undertaken

- Identify and focus on the needs of children and regular junior participants
- Offer diversity of opportunities
- Create a sense of community ownership
- Build on local voluntary support mechanisms
- Network between community and the sport of Tenpin.

The TBAQ Junior Sport Participation Policy will address these issues

- Linkages between School and Tenpin Associations and venues
- Linkages between recreational participation and regular frequent bowling activity in a sport environment.
- The role of tenpin bowling in promoting physical activity
- Role of tenpin bowling in developing young children

GUIDING PRINCIPLES

Objectives of TBAQ Junior Sport Participation Policy

- Provide guidance on the provision of tenpin bowling sport services to children aged between 5 and 18
- To describe and promote the benefits of participating in the sport of tenpin bowling to all children aged between 5 and 18
- To describe and promote the ways in which tenpin bowling can assist with the achievement of physical and health objectives
- To establish a framework through the use of modified tenpin bowling equipment in schools and community facilities and provide programs for the use of developing sport skills required to play and enjoy the sport both in the community and in bowling centres.

Ideals behind TBAQ Junior Sport Policy

- Juniors are to participate in Tenpin Bowling to have fun, enjoyment and become physically active
- Juniors should be given the opportunity to participate in tenpin bowling at any level they wish
- Tenpin Bowling should be offered to all juniors not matter what disability, gender, race or ability juniors possess.
- The tenpin bowling environment should be based on promoting social, emotional and physical benefits of sport.
- The family and caregivers are the providers of support and encouragement to juniors to adopt an active and healthy lifestyle
- Tenpin Bowling to be a part of the education curriculum within the school system and in teacher education at Universities in order to promote and develop a relationship with education providers and the sport.
- TBAQ to work with the National Body, Local Associations, Government Authorities, Schools and Community Organisations to provide opportunities and leadership that will encourage juniors and their families to become involved in the sport of Tenpin.

Benefits of Participating in Tenpin Bowling

- Personal Development
- Develop social and leadership skills
- Recognise attributes and behaviours contributing to physical fitness and self confidence
- Enjoyment in a sport environment while developing motor skills and movement concepts
- Learning experiences
- Developing knowledge about being a part of the sport outside participation
- Understanding the concepts of fair play and respecting others

Parties responsible for Junior Participation in Tenpin Bowling

- Parents and Carers
- TBAQ (SSO)
- Coach & Instructor network
- Bowling Centres
- Local Tenpin Bowling Associations
- Schools & Universities
- Government Authorities – State, Regional & Local
- Other Community Organisations who network with TBAQ to develop junior participation in sport
- Tenpin Bowling Australia Ltd (NSO)

POLICY DEVELOPMENT

The Role of TBAQ

TBAQ as the State Body should work towards facilitating a range of tenpin bowling opportunities to be available and accessible to all juniors throughout Queensland dependant on resources and facilities available.

1. Provide leadership which is capable of providing services and programs to all juniors in Queensland
2. Present the sport of tenpin bowling to juniors in a way which can maximise participation in order to develop
 - a. Social Cohesion
 - b. Physical fitness
 - c. Fair play concepts & Play by the Rules concepts
 - d. Decision Making techniques
 - e. Responsibility for own actions
3. Demonstrate the benefits of participating in the sport using identifiable mechanisms
 - a. Use current Athletes in the sport – hero programs and mentoring
 - b. On line teaching tools and links
 - c. Social media
 - d. Website, State and National
 - e. Case studies and State and National Newsletters
 - f. Recruitment drives
4. Promote the ability of tenpin bowling to cater for all type of participants
5. Provide a sequential progression of development for all participants
6. Work with Bowling Centres (commercial operators) to ensure safe and effective delivery of services and programs to all junior participants at a cost effective entry level.
7. Work with education institutions to advocate for the sport and develop ongoing networks
 - a. Primary Schools
 - b. Secondary Schools
 - c. Universities
8. Ensure those people delivering service to junior participants are qualified and are legally suitable to work with juniors

The Role of Bowling Centres

The Bowling Centres as the sport venue for tenpin bowling should work towards providing a venue which encourages junior participation in safe, fun, social and skill development environment.

Bowling Centres Should

- Provide appropriate facilities and resources for the safe and effective delivery of the sport to junior participants
- Assist TBAQ through financial or in kind arrangements (supply of equipment) to facilitate linkages between school and Associations to promote and sustain the in School programs (Roll 'n Strike systems).
- Work with TBAQ and Coach and Instructor networks to promote the benefits of participating in tenpin bowling as a frequent bowler activity offering sport membership to sustain junior participation and pathways of sport.
- Provide adequate opportunities for juniors to participate in the sport at any level though any structure – informal (recreational), formal (weekly competition or frequent bowler programs), Work with community groups to cater for the needs of the participants
- Promote a healthy and active environment to all junior participants

The Role of Coach and Instructor network

Coach and Instructor networks - the accredited and quality assured tenpin bowling sport service providers should work towards providing an environment which develops junior participation in the areas of social, and personal development skills, increased well being and to enable ongoing committed junior participation in the sport of Tenpin.

- Work with the local bowling centre venue to become the recognised group of service providers within the bowling centre venue
- Provide leadership to junior participants to develop them mentally, socially and physically
- Present the sport to juniors in a professional manner to maximise their commitment level
- Ensure those offering services have undertaken all requirements as a quality assured accredited Coach or Instructor according to current training practices and Mentoring systems.
- Cater for the needs of all junior participants no matter age, skill level, disability, race or gender
- Provide a sequential pattern of motor skill development to provide a pathway from junior participation into youth then into adult participation levels
- Provide a skills audit of coaches and instructors in the region and matching skills and abilities to participant groups of juniors.
- Provide a coaching calendar for the Bowling venue each year and recruit new coaches and Instructors to sustain the calendar of activity.
- Report on participants entering into programs and clinics each year to the State Association.
- Provide adequate Duty of Care to participants, self and other coaches and Instructors.

Junior Participants

All Junior participants within the sport of tenpin bowling have the right to

- Enjoy any tenpin bowling activities they participate in
- Be treated with respect
- Experience a variety of tenpin bowling services and programs
- Be adequately prepared for any type and level of participation in the sport
- Participate at a level matching their interest, maturity and ability
- Participate under the guidance of rules and regulations
- Participate in an environment which meets their needs and desires to participate
- Enjoy the satisfaction of achievement and belonging
- Access to experienced and skilled leaders to guide them through (eg coaches, administrators)
- Use facilities and equipment suitable for their level of participation
- Contribute to the concepts and issues effecting their participation in the sport

The sport must ensure the concept of “Fair Play” is instilled into junior participants no matter what level of participation the participant is undertaking. “Fair Play” is known as ..

- Participate fairly and in a safe manner
- Participate within the spirit of the rules
- Cooperate with sport leaders and fellow participants
- Accept and undertake obligations and duties as a participant
- Acknowledge the good performances of other participants
- Display patience and tolerance in any variables associated with participating (eg knowledge, ability)
- Show respect for the facility and equipment prior, during and after participating

GUIDELINES

Guidelines when Devising Programs and Services for Junior Participants

Modified Sports – Roll ‘n Strike ‘In school’

- Roll ‘Strike in School © is the Tenpin Bowling modified sport program which is implemented within the school environment
- The aim of the program is to
 - Teach primary school children the basic skills of tenpin bowling
 - Promote a fun and enjoyable sport
 - Develop the coordination of children working together
 - Promote the sport pathway of Roll ‘n Strike in centre 10 week program and other junior development programs in Centre.
- The Roll ‘n Strike ‘in School’ program should be maintained within the expectation and standards of the Education Department (curriculum outcomes) and Aussie Sport principles
- The program should be an interlinked working partnership between TBAQ, Associations, Bowling Centres and Education Institutions to provide opportunities to junior participants
- The program must remain modified in terms of rules, content, rotational positions, task orientated and skill development focus
- The equipment must remain modified in terms of texture, weight and size

Frequent Bowling programs and Competitions

- Frequent Bowler programs such as the Roll ‘n Strike in Centre League (10 week program) introduce the sport through a coached environment in Centre which is based on basic skills of Tenpin, enjoyment through participation and fun.
- Competitions come in many formats and be conducted by any of the service providers within the sport
- The formats of competitions should be individual and team focused. Teams can be from 2 – 5 participants
- The aim of competitions should be
 - Identify key areas for personal development – ability, mental, physically, emotionally
 - Develop the skills in team building
 - Become goal orientated
 - Develop the ideals of fair play in a competitive environment
 - Enjoyment through involvement
 - Seek advice from coaches and sport leaders to achieve results they feel are positive

Levels of Competitions

- **Beginner Level** – should focus on skill development within a fun environment.
 - This can be undertaken at local centre weekly leagues, example Roll ‘n Strike 10 week League or other development programs and leagues supported by a Coach or Instructor.

- These leagues should be no more than 20 weeks to keep participants involved and interested
- Beginner leagues should have a leadership and coaching element included
- **Intermediate Level** – should focus on skill development, knowledge of the sport, game play in an enjoyable environment
 - This can be undertaken at local centre weekly leagues, local centre & association tournaments and school based competitions
 - Must plan participation structures based on what the participants desire
 - Leagues – prizes & recognition
 - Local Tournaments – cash prizes & recognition
 - School Tournaments – school rivalry, team orientated, recognition
 - These structures will have a leadership role selected and a coaching element as required
 - These participants may also need access to other sport services such as development camps (advertised on the TBAQ Bowler and Coach education calendar on our TBAQ website www.tbaq.org.au) and access to leaders within the sport who have specific knowledge
 - All structured programs must be updated each year and be enjoyable and challenging to participants
- **Advanced Level** – high skill level, highly competitive, goal orientated
 - This can be undertaken at local leagues, Regional events, State Championships and School competitions
 - High level of competition is enjoyed by participants who maintain skill levels through practise and contact with local and State coaching staff, access to State Development Camps and clinics run by state network of accredited Coaches and Instructors.
 - The mental skills and physical fitness of each participant is demonstrated in this environment
 - Can be team based or individual focused
 - Performance is the key outcome for these participants which reflects their end result
 - Poor performance is corrected through access to coaching services
 - Variety of variables must be provided to participants to encourage lifetime participation in the sport
- **Elite Level** – seeking advanced services to become the best
 - This can be undertaken at State Championships, National Championships, National tournaments
 - This can be team or individually focused
 - Great sense of rivalry is found in this environment – important factor to maintain
 - Preparation is the key and controlled by the sport leaders
 - Quality of tournament is the key for participants to enter
 - Develop new formats and structures to encourage a progression from the junior ranks

Athlete Pathways

- Important for TBAQ in partnership with Local Associations to develop a progression of development for juniors to stay committed in the sport no matter what age or skill ability
- TBAQ in partnership with Coach and Instructor networks will govern the process of talent identification throughout many mechanisms in which tenpin bowling is participated
 - Primary School Programs
 - Secondary School Bowling Centre programs
 - Current participants
 - Recreational participants
 - Camps and clinics organised by Tenpin Bowling Association of Qld.
- When promoting athlete pathways to participants all bowling centres should have a Coach network to deliver services that will enable junior participants to access the athlete pathways available
- As a guide the following outlines the leadership and services required for participants to access the athlete pathways in a successful manner

	Beginner	Intermediate	Advanced	Elite
Modified Programs	✓			
Local Leagues	✓	✓	✓	
Local Competitions		✓	✓	✓
Regional Competitions		✓	✓	
State Championships			✓	✓
National Champs		✓	✓	✓
National Tournaments			✓	✓
Talent Squads	✓	✓	✓	✓
Skill Development	✓	✓	✓	
Mental & Physical		✓	✓	✓

- To classify who is a Beginner, Intermediate, Advanced or Elite Participant the following guidelines will assist
 - Beginner junior Participant
 - New to the sport via active recruitment at the bowling centre
 - Primary school student who participates in the Roll 'n Strike in school program
 - Recreational user who participates on irregular basis
 - Intermediate junior Participant
 - Bowling in leagues for 1-3 years
 - Competes in local tournaments
 - Attends athlete development coaching camps
 - Access coaches to improve skill

- Participating for a social and self belief aspects
- Advanced junior Participant
 - Bowling between 4 -6 years in league structures ave 170 - 190
 - Competes in local, regional & state tournaments
 - Access sport leaders to improve ability as an athlete
 - Accesses quality development services to improve
 - Participates in National Championship based events
 - Enjoys social element but focused on competition and progression
- Elite Junior Participant
 - Bowling for in excess of 7 years – average over 190
 - Bowls in limited number of leagues
 - Bowls in tournaments at all levels
 - Focused on results and performing well at all times
 - Represents the State
 - Participates in National Championships
 - Recognised in National based talent squads
 - Accesses sport leaders when required to improve performance

Schools & Club Links

- Every attempt should be made to offer the opportunity to link prospective participants of the sport to all service providers in order to deliver opportunities that are suitable dependant on age, skill level and participant needs
- Creating close links will enable schools to promote opportunities to school children to participate in the sport of tenpin bowling
- The important aspect of establishing links is the perception of tenpin bowling within the education system.
 - Currently – curricula sport in many Qld Primary schools
 - Sport Coaches offering visible in centre sport development opportunities and pathways (example Roll 'n Strike in Centre 10 week coached programs)
- TBAQ is the State Organisation of the Sport to create the links between school and Association to ensure promotion and opportunities are delivered to prospective participants in partnership with the local Association and the venue operators.

TBAQ Provision of Links

- Coordinated approaches to schools. When establishing links with schools and the local bowling centre
 - Concentrate on a centralised area
 - Using the RNS skill based program that attracts participants
 - Ensure there are Coach networks present to deliver the services
 - No overloading of opportunities to participate at the local bowling centre
- Implement a consistent approach when encouraging a link
 - Timing of opportunities per year – avoid clashes with existing tournaments or other sports

- Targeting Age groups should remain consistent – avoid conducting a program which attracts 8-10 year old participants with 15-18 year old participants
- Communication and promotion must be similar for each program that is to be used as the linking opportunity no matter where in the State the linking will take place.
- The structure of school based competitions should remain same to ensure no confusion and schools and teachers remain knowledgeable and involved in the competitions

Resources Required in a Link

- For TBAQ to facilitate a school-Association link it is important that the Bowling Centre
 - Has a supportive Manager and staff
 - Has a Quality assured Coach Network
 - Adopts strong customer service principles
- Facilitation by TBAQ in the initial contact to create the link – staff & promotional material
- Bowling Centres may look to assist with resourcing the implementation of the link

Types of Links

- In Centre Roll 'n Strike 10 week Coach assisted league
- School Competitions – TBAQ Interschool Competition
- Other existing coach supported Junior Programs for different ages and skill levels
- Talent Identification program within the school and Development camp system
- Field trips to Bowling Centres undertaken by schools
- Scores from school field trips utilised as qualifying scores for Interschool Competitions.

What can A Bowling Centre do to ensure a successful link?

- Encourage the use of their facility through TBAQ processes and recommendations
- Provide coach resources to all schools and participants
- Continue to support and sponsor Roll 'n Strike equipment to Schools and other TBAQ initiatives which allows for tenpin bowling to be enjoyed within the school environment
- Coordinate competitions and school programs away from other sport programs and other programs within the centre
- Recognise the need to structure participation costs that will be suitable for junior to participate on an ongoing basis compared to other sports

Benefits of a Link

- Schools increase usage at the sport venue
- Increase in junior sport membership and therefore family involvements
- Increase in participation – structured, unstructured and recreational
- Recognition of coach resources
- New programs and structures are developed to ensure progression among all participants to access athlete pathways available in tenpin bowling

Sport Education

- All coaches and sport leaders should undertake training prior to working with junior participants. This includes (but not limited to)
 - Instructors Course
 - Level 1 Coaching accreditation course (NCAS)
 - First Aid Course
 - Tenpin Bowling specific modified training and athlete development instruction
 - Child Protection screening – Qld Blue Card
 - Outside agency training – Active After School programs and sport expos.

The Role of Coaches & Sport Leaders

- No matter whether a coach/sport leader is paid or volunteer they have the main role of ensuring that the following is undertaken via teaching and learning
 - Sport specific skills
 - Social cohesion – self and others
 - Understanding the concepts of the game
 - Adopting fair play tactics
 - Duty of Care – Risk reduction

Responsibility of Coaches & Sport Leaders

- Promote the enjoyment of participation
- Cater for all of participants based on their skill level and needs as a result of participating
- Promote and Provide equal opportunities for all participants to acquire the skills and knowledge
- Recognise and cater for groups with special needs and service them accordingly
- Provide opportunities for participations to aspire to their goals for participating
- Prepare and conduct coaching sessions based on sound principles
- Place an emphasis on performance, improvement and enjoyment not outcome
- Ensure all services provided to participants are undertaken in risk management controlled facility and delivery
- Ensure behaviour standards are communicated to participants and set appropriate standards
- Obtain information and attend workshops relating to junior sport by contacting TBAQ, State Government departments, Australian Sports Commission, Local Councils.

Educating Coaches & Sport Leaders

- All coaches/sport leaders providing services should be quality assured in their specific area of service
- Courses should be promoted by TBAQ, Local Associations and Bowling Centres
- The reason for the need to educate is to
 - Ensure quality services are being provided to junior participants
 - Support the need to comply with all risk management standards
 - Provide and promote quality sport services to schools
 - Assist with providing opportunities to all sectors of junior participants (disabled, ethnic)

Why Should Bowling Centres Encourage Training

- Ensure quality leadership and services are being offered to junior participants
- Support the inclusion of coaches as a part of services available to junior participants
- Liaise with TBAQ and education providers to ensure all risk management components are satisfied
- Provide resources for coaches and sport leaders to keep up to date and professional in delivery
- Ability to provide services to all junior participants no matter gender, age, disability, ethnicity
- All coaches and sport leaders demonstrate acceptable codes of behaviour and ethics towards junior participants

Education within Schools

- As all schools are dedicated to providing Health & Physical Education to juniors it is important that Roll 'n Strike 'in-School' remains central in line with a quality physical education program and a sport program.
- The Roll 'n Strike 'in School' program must comply with Education Queensland curriculum module requirements
- Training and education of teachers in the sport of tenpin bowling will be undertaken via the following opportunities
 - Roll 'n Strike Teacher In-service Training conducted at schools with PE teacher/s and fellow teachers
 - Roll 'n Strike Teacher In service sessions at Universities as organised with the Head of Primary Physical and Education faculties with undergraduate PE Teachers
 - Instructors Courses for teachers conducted by TBAQ quality assured Mentor Coaches
 - Level 1 NCAS accreditation courses
- The need to conduct education courses within schools are to
 - Encourage further participation of the sport
 - Demonstrate how tenpin bowling can contribute to the development of social, emotional and physical attributes of junior participants
 - Offer children to adapt ideals of fair play in a different sport environment
 - Expose junior participants to another sport which may suit their skill level and ability
 - Provide children the knowledge and expertise of working as a team, tactics, strategies and abiding by the rules
 - Assist PE teachers with their need to satisfy outcomes of their teaching syllabus

SAFE ENVIRONMENT GUIDELINES

Indoor Venues

- Tenpin Bowling is a sun safe sport and matches the ideals of Sun Safety Policies established by the Queensland Cancer Foundation
- Bowling Centre venue must ensure there are adequate entrances and exits to avoid overcrowding
- Ramps must be present to cater for participants with a disability
- All venues should have an evacuation procedure
- Trained staff and coaches must be present to oversee all participation
- Eating sections within bowling centres must be clearly defined to participants
- Risk audit should be available for community groups requiring prior notice.

Facilities & Equipment

- The onus is on the Bowling Centre venue to adopt risk management strategies to ensure all participants play the sport (as the sport is to be played) are not injured as a result of negligence
- All Bowling Centres must ensure that participants wear the correct footwear before participating
- All Bowling Centres should have a variety of bowling balls and bowling aids available to cater for all junior participants at all ability levels.
- Bowling Centres owe a duty of care to all participants using the facilities and equipment within the venue
- Modify any equipment that will assist juniors participating (eg ramps, bumpers)
- Maintain the lane and players area in a safe condition

Drugs & Sport

- All junior participants are given information and lectures about drugs in sport within the school system
- Advanced and Elite Junior participants are given information and lectures as organised by TBAQ or the National Body. These lectures are conducted by ASADA (the National body governing the issue of drugs in sport)
- It is expected Coaches & Sport leaders are aware of banned drugs and the National policies on drugs in sport
- Junior participants are subject to testing for the use of illegal drugs
- All Junior participants are to abide by the National Body's Drugs in Sport Policy

Medical Considerations

- All participants in a representative team must complete a Medical Form
- TBAQ must provide a medical kit to any TBAQ junior event
- All Bowling Centres should have a First Aid kit and a recognised First Aid officer
- Any child participating in sport should have their medication with them or with their parents who are watching
- No coaches or sport leaders are to give any medical treatment unless they are a registered doctor
- Ensure all participants consume fluid and nutrients during their participation to avoid illness and injury

Risk Management

- TBAQ must have a Risk management plan for each participation based event
- All coaches and sport leaders must undertake risk management training
- All coaches and sport leaders must ensure all participants undertake appropriate warm up and cool off stretches to avoid injuries
- All coaches & sport leaders must reject behaviours which are harmful to the performance of a participant
- All coaches and sport leaders must complete a “Working With Children Suitability Check” form in order to obtain a blue card informing participants that they are suitable to work with junior participants
- All juniors must participate in a harassment free environment and feel safe when they participate
- Any coaches or sport leaders that wish to advise participants on physiological and psychological matters should undertake the necessary training before advising. A professional in these fields should be obtained until coaches and sport leaders are qualified.